

# SCHOOL OF HEALING MANUAL

John Fergusson

*How to heal the sick through Jesus Christ*

# SCHOOL OF HEALING MANUAL

Copyright 2003 John Fergusson

**4th edition 2018 © JF Ministries**

All rights reserved. No part of this book may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, for the purposes of sale or profit, without the prior permission of JF Ministries.

This work may be copied and reproduced in any language, provided that the text is not altered, that John Fergusson is recognised as the author, and on condition that it is to be given away free of charge.

Published by:  
JF Ministries, 23 Maxted Road, RD3 Drury  
Auckland 2579, New Zealand  
[www.jfm.org.nz](http://www.jfm.org.nz)

**ISBN: 978-0-473-42852-5**

Unless otherwise stated, Scriptures are quoted from the Holy Bible, New International Version. Copyright 1973, 1978, 1984, by the International Bible Society. Used by permission of Zondervan Publishing House. All rights reserved.

New King James Version (NKJV) Scripture taken from the New King James Version®. Copyright © 1982 by Thomas Nelson. Used by permission. All rights reserved.

King James Version (KJV) Public Domain

# CONTENTS

Introduction	Healing is normal	page 4
Chapter 1	Jesus our Example	page 5
Chapter 2	The command to heal	page 7
Chapter 3	The God who heals	page 10
Chapter 4	What is healing?	page 14
Chapter 5	The authority of the believer	page 21
Chapter 6	Faith in Jesus	page 25
Chapter 7	Deliverance - casting out demons	page 29
Chapter 8	The anointing for healing	page 34
Chapter 9	Practical ministry	page 38
Chapter 10	Why are some not healed?	page 42
Appendix A	Some healing Scriptures	page 47
Appendix B	Some 'root cause' Scriptures	page 49

## INTRODUCTION

### HEALING IS NORMAL

Since we began these Schools in 2002, we have seen tens of thousands of people healed, and trained to heal the sick.

Everyone healed is a reason why Jesus Christ died. But so often we don't heal the sick because we don't know if we can or should, if it will work, or if we'll be disappointed. Even if we know we should minister healing, most believers are still unsure what to do.

A few years ago, I was asked to lead a 'miracle service'. So I said, 'Then let's begin with a miracle!'

We called those with arthritis to the front. I laid hands on the first and by God's grace she was healed! About forty orphan boys were watching so I asked if any were willing to help with the next person. One finally agreed! We ministered together and that person was also soon healed. The boy was delighted!

Then of course the other boys wanted to try, so we invited the remaining sick people forward and the boys lined up to minister. And as far as I could tell, almost all were healed that evening.

For the children it was probably their first experience of God healing people under their own hands. They had no training, yet when they stepped out and tried, God was faithful

to heal through them. I am sure their perspective on healing changed forever.

So did mine! I realised we do not need great experience or great faith in order to be used by God. We simply need to be obedient to his commandment, 'Heal the sick'!

But do we see the 'ordinary' believer healing the sick in our meetings? Do we minister healing to each other in our homes, schools, work-places, or wherever we meet sick people? If we do not, we are not fulfilling the commandment of Jesus (see Ezekiel 34:4)!

It should be the normal expectation of every Christian to see people healed through their ministry.

This School is not a comprehensive study, but is simply designed to encourage you to step out and have a go! We are no experts, but you have the expert right beside you - the Lord Jesus Christ.

# CHAPTER 1

## JESUS OUR EXAMPLE

### HOW DID JESUS HEAL?

Wherever he went, Jesus healed the sick. I used to think he healed because he was the Son of God. And of course he is! But if he healed because he was God, how can we heal anybody?

However, when he walked on earth Jesus said, *'The Son can do nothing by himself'* (John 5:19). Philippians 2:6-7 also says, *He stripped himself of all privilege* [PHILLIPS]. So he is God, but forsook his powers. (He couldn't even command the angels - see Matthew 26:53).

Now, if he couldn't heal because he was the Son, how did he heal the sick?

Jesus didn't begin his ministry until he was filled with the Holy Spirit (see Luke 3:21-22). After his temptation in the desert he returned *in the power of the Spirit* (Luke 4:14), and said, *'The Spirit of the Lord is on me...'* (Luke 4:18).

So Jesus healed because he was filled with the Holy Spirit.

And if he is our example, we too need to be filled with the Spirit.

THESE BOXES ARE FOR QUOTES, MAIN POINTS, EXERCISES AND NOTES

**Matthew 26:53** *Do you think I cannot call on my Father, and he will at once put at my disposal more than twelve legions of angels?*

### MAIN POINT

Jesus healed because he was filled with the Holy Spirit.

## EXERCISE:

### Read Matthew 12:15-18:

*Aware of this, Jesus withdrew from that place. Many followed him, and he healed all their sick... This was to fulfil what was spoken through the prophet Isaiah: 'Here is my servant whom I have chosen, the one I love, in whom I delight; I will put my Spirit on him, and he will proclaim justice to the nations.'*

## WRITE THE ANSWERS:

What was being fulfilled?

Does it say 'servant' or 'Son'?

How was Jesus enabled to heal?

## MAIN POINT

If we are his disciples, we should do what he did, and NOT do what he didn't do!

## NOTES:

## Jesus our example

Jesus said, *'I have set you an example, that you should do as I have done for you'* (John 13:15). Now, that was about washing feet and serving. But he meant much more.

If we are his disciples, we should do what he did, and NOT do what he didn't do. Jesus also said, *'everyone who is fully trained will be like his teacher'* (Luke 6:40)!

And then he made this amazing promise, *'I tell you the truth, anyone who has faith in me will do what I have been doing. He will do even greater things than these, because I am going to the Father'* (John 14:12).

This Scripture seems impossible!

When I first started, I prayed for hundreds of people and saw almost no one healed. I thought God used others but not me. However, Jesus says ANYONE can heal. IF we have faith in him we WILL do what he did.

As we will see, the key is faith in Jesus.

God is faithful. If we do what he told us to do, he will do what he promised to do. And that is the subject of the next chapter.

## CHAPTER 2

# THE COMMAND TO HEAL

### 'HEAL THE SICK!'

In Luke chapter 10 Jesus sends out 72 disciples, saying, *'Heal the sick who are there and tell them, "The kingdom of God is near you."*' (Luke 10:9). It is not a suggestion or an alternative, but a clear command! Was it only to those disciples, or to us too?

In Matthew 10:8, Jesus gives a similar command to the twelve apostles. Then, just as he was about to ascend to heaven, he commanded these men to make disciples of all men, *'... teaching them to obey everything I have commanded you'* (Matthew 28:20). If we are to do what Jesus taught his disciples to do, then we are clearly intended to heal the sick.

So Jesus is commanding EVERY disciple to heal the sick. He did not say, 'Pray for the sick', but to heal them!

### 1) Failure to heal, is sin!

If we are not obeying Jesus, it is disobedience, which is sin! Now if we sin, we should repent! He will forgive us, but from now on each of us should make a decision to heal the sick.

**Matthew 10:8** *'Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received, freely give.'*

**Matthew 28:20** *'...and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.'*

## MAIN POINT

If we are disciples of Jesus, we are expected to heal the sick. It is a clear command from Jesus.

### NOTES:

NOTES:

## MAIN POINT

When we pray in faith in the Name of Jesus, SOMETHING MUST HAPPEN!

**Mark 16:17-18** *'And these signs will accompany those who believe [that Christ is the Saviour]: In my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well.'*

## 2) Healing is impossible!

The trouble is, we know we can't! My hands are just as ordinary as yours. They have no magic or special anointing. Jesus is commanding us to do the impossible.

But then so is everything else he tells us to do! Without his power we cannot save the lost, or cast out demons, or even keep his commandments!

The angel Gabriel told Mary: *'For nothing is impossible with God'* (Luke 1:37). Notice it says WITH God! Healing is something we are meant to do together with him. It is a partnership!

It also means it is impossible for nothing to happen! SOMETHING MUST HAPPEN! Only God can know if nothing has happened.

## 3) They will get well!

**If we do what he told us to do, he will do what he promised to do!** Mark 16:17-18 promises us clearly that if *'those who believe'* place their hands on sick people, they WILL get well. It doesn't say they MIGHT!

So let us learn together what he commanded us to do, and expect him to do the rest. It is not complicated - you don't need a degree in theology! You just need a mustard seed of faith, and a teaspoonful of courage.

## 4) Prayer and ministry

It came as a surprise to discover that Jesus never prayed to the Father when healing the sick!

Sometimes he must have prayed beforehand, for example when he raised Lazarus from the dead (see John 11).

He used many different methods, which we'll study. But he didn't pray!

So prayer and healing ministry are different (see definitions). It's fine to ask God to heal people. But when we are with them to heal we give what we have (see Chapter 6).

In the Old Testament, people prayed for healing (for example, Genesis 20:17; Numbers 12:13; 1 Kings 13:6).

But in the New Testament, the disciples didn't pray to the Father when healing the sick. In Mark 16:18 it just says they will lay hands. It doesn't say to pray.

If Jesus commanded us to heal, he expects us to do it. He has already done all that is needed.

So how do we heal? We will study what Jesus and the disciples did, and do the same!

**John 11:41-42** *Then Jesus looked up and said, 'Father, I thank you that you have heard me. I knew that you always hear me, but I said this for the benefit of the people standing here, that they may believe that you sent me.'*

## DEFINITIONS

**Prayer** is communication with God. Think of it as a vertical transaction. You and God.

**Ministry** is serving others. It is a horizontal transaction. You and people.

[In Acts 9:40 and Acts 28:8 the disciples prayed first, THEN they ministered healing. And James 5:14-15 is a special case. We will see why in Chapter 5 on Authority.]

## MAIN POINT

Jesus never prayed to the Father when healing the sick. So why do we?

## CHAPTER 3

# THE GOD WHO HEALS

**Exodus 15:26** *He said, 'If you listen carefully to the voice of the Lord your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you.'*

**Psalms 9:10** *Those who know your name will trust in you, for you, LORD, have never forsaken those who seek you.*

**Hosea 11:3** *It was I who taught Ephraim to walk, taking them by the arms; but they did not realize it was I who healed them.*

## MAIN POINT

All genuine healing comes from God.

## THE NATURE OF GOD

God is a healer. It is his Name, his nature, his character, his will and his work.

Healing is conditional (Exodus 15:26 says 'If'). The condition under the Old Covenant was obedience; under the New Covenant it is faith in Christ (2 Corinthians 1:20).

### 1) It is his name

God has many names. One of them is Jehovah Rapha, meaning, 'The God who heals us,' (Exodus 15:26) This is the God we worship.

He said, 'I am the God who heals you,' that is to say, he is **THE** healer. There is no other. Therefore ALL genuine healing comes from God, even if we don't realise it (Hosea 11:3).

### 2) It is his nature

In the Bible, a person's name is important, for it reveals their nature. The name Jesus means 'Saviour'.

Each name of God reveals his inherent nature. His name, Jehovah Rapha, means his very nature is to heal. He cannot help it.

I am an Englishman. I cannot change that. I was born English, and even if I live in another country, I remain English. It is my nature.

### 3) It is his character

**A) God is love** God loves us and only wants the best for us (see Romans 8:28). Sickness or disease, by its very definition, is not God's best.

#### GOD DOES NOT WANT ANYONE TO BE SICK!

You might say, 'Then why are people sick?' I could answer, 'God does not want anyone to sin either, but people still do!'

God's will doesn't automatically happen. If it did, why did Jesus teach us to pray, '*Your will be done*'? It was not God's will for Adam and Eve to sin. It is not God's will for children to die of starvation.

However, the love of God WILL always be a power towards healing in our lives. God loves people, and hates sickness.

Creation reveals God's power (Psalm 19:1-4). Healing reveals God's compassion.

God did not simply leave creation to its own fate (a heresy known as 'Deism'.) As a loving Father, he continually works to restore and heal.

**Malachi 3:6** '*I the LORD do not change.*'

**Romans 8:28** *And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

## MAIN POINT

God loves people and hates sickness

**Matthew 9:35-36** *Jesus went through all the towns and villages, teaching in their synagogues, preaching the good news of the kingdom and healing every disease and sickness. When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.*

**COMPLETE:** Jesus healed people because he ..... them.

**THEOLOGICAL POINT:**

**Leviticus 21:18** says, *No man who has any defect may come near: no man who is blind or lame, disfigured or deformed...*

Therefore sickness could NOT be God's plan for anyone. Also, to be the perfect Lamb of God Jesus must have been without defect. Since sickness is imperfect, Jesus could not have been sick. He CHOSE to suffer.

**Hebrews 13:8** *Jesus is the same, yesterday, today and forever.*

**Mark 1:40-42** *A man with leprosy came to him and begged him on his knees, 'If you are willing, you can make me clean.' Filled with compassion, Jesus reached out his hand and touched the man. 'I am willing,' he said. 'Be clean!' Immediately the leprosy left him and he was cured.*

**WHY IS IT GOD'S WILL TO HEAL YOU?**

**Psalm 77:14** *You are the God who performs miracles; you display your power among the peoples.*

**B) God is holy** We are called to be holy like the Father (1 Peter 1:15-16). Holiness is perfection. Disease is not! And since God wants us to be like him, it MUST be his will for us to be whole.

**C) God is faithful** The God who saved and healed yesterday is the same God who saves and heals today. He has not changed!

Some say God stopped healing after the early church. But how can he stop being loving, or holy, or faithful? These are his character. They are unchangeable.

**4) It is his will**

Jesus came to earth to show us what the Father is like. Jesus said to his disciples, *'Anyone who has seen me, has seen the Father'* (John 14:9). He also said, *'I do nothing on my own.'* His whole life and ministry were a reflection of the will of the Father.

When the leper came to Jesus (Mark 1:40-42), Jesus reveals the will of God in his reply, *'I am willing.'*

It is always God's will to heal.

**5) It is his work**

God is a miracle worker (Psalm 77:14). To him of course, they are not miracles at all! They are only miracles to us because we cannot do them ourselves.

God said, *'Let there be light'* and there was light. He made the stars. It isn't hard for him to heal an eye, or grow a leg.

In John chapter 5 Jesus heals the paralysed man at the pool of Bethesda. He had been an invalid for 38 years, and Jesus healed him in seconds. People came to see what had happened. Jesus said, *'My Father is always at his work to this very day, and I, too, am working'* (John 5:17).

Jesus only did what he saw the Father doing. Healing was his Father's work, so that is what Jesus did. God has no days off - He is ALWAYS healing!

Jesus healed everyone who came to him. He knew this invalid was a sinner (see John 5:14), but Jesus healed him anyway! THEN he corrected him.

When Jesus fed the 5,000, perhaps three times that number were present. And he *healed all who needed healing* (Luke 9:11). There must have been some evil people there but he healed them too.

No one was too bad, no disease too hard. He set no conditions. He just healed!

#### NOTES:

**John 5:14** *Later Jesus found him at the temple and said to him, 'See, you are well again. Stop sinning or something worse may happen to you.'*

## MAIN POINT

Jesus healed everyone who came to him.

#### EXERCISE

Read John 14:9-12 again (on page 6.)  
How can we do the same?

## CHAPTER 4

# WHAT IS HEALING?

### MAIN POINT

All sickness is a result of the fall.

**Genesis 1:27** *So God created man in his own image, in the image of God he created him; male and female he created them.*

*Romans 8:21 ... creation itself will be liberated from its bondage to decay and brought into the glorious freedom of the children of God.*

**John 9:1-3** *As he went along, he saw a man blind from birth. His disciples asked him, 'Rabbi, who sinned, this man or his parents, that he was born blind?'*

*'Neither this man nor his parents sinned,' said Jesus, 'but this happened so that the work of God might be displayed in his life.'*

### INTRODUCTION

Divine healing is a much bigger concept than simply laying hands on the physically sick. As we will see, it is the whole purpose of Calvary!

### WHAT IS SICKNESS?

#### 1) Sickness came from the Fall

**A) God made us perfect** At the beginning, we were made in God's image - no mistakes, no deformities, and no diseases.

**B) Man sinned**, and disease, decay, destruction, and death entered the universe. Since then all creation is in bondage to decay (Romans 8:21).

Sickness is therefore a falling short of God's intended order.

**C) So sin is the root of all sickness**, though not always its immediate cause. In John 9:1-3, the disciples understood that sin brought sickness.

The Lord's reply did not mean they had not sinned, because we all have. But in this case, the blindness was not a direct result of their own sin.

**D) Man's sin gives the devil the right** to exert his power over mankind. While God invented healing, the devil is responsible for sickness. See his words in Job 2:5.

John 10:10 says the thief (the devil) comes '*ONLY to steal, kill and destroy.*' That is all he does! Therefore the devil cannot heal, though he can fake it.

Acts 10:38 says that Jesus healed '*ALL who were under the power of the devil.*' But Jesus healed ALL who came to him.

Therefore sickness is not a 'neutral' result of living in a fallen world. It comes from the devil, as a result of sin (although God can and does use sickness for his purposes). And ALL healing comes from God.

## WHAT IS HEALING?

Healing is the reversal of the process of destruction, decay and death. It is the restoration of God's intended order, or wholeness to the whole of creation.

## 2) Calvary is God's solution

All true healing depends on Calvary, because only Jesus paid the price on the cross for our healing.

**A) Healing of all creation** The whole of creation will be set free from '*its bondage to decay*' when '*the sons of God are revealed*' (Romans 8:19-21).

**Job 2:5** '*But stretch out your hand and strike his flesh and bones, and he will surely curse you to your face.*'

**John 10:10** '*The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.*'

**Acts 10:38** *...how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him.*

### THEOLOGICAL POINT

This can only mean either a) all who are sick are under the power of the devil, or b) Jesus healed only those who were under the power of the devil. But as Jesus healed ALL who came to him, it can only mean a).

## DEFINITION

Healing is the restoration of God's intended wholeness.

## MAIN POINT

The cross is God's total solution to ALL the problems of the world.

**Galatians 3:13** *Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: 'Cursed is everyone who is hung on a tree.'*

**Matthew 8:16-17** *When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick. This was to fulfil what was spoken through the prophet Isaiah: 'He took up our infirmities and carried our diseases.'*

## WRITE OUT AND LEARN 1 PETER 2:24:

**Shalom** can mean, 'nothing missing, nothing broken, well-being, complete.'

The cross is the centre of history. It is God's total solution to ALL the problems of the world. He has no other.

**B) Calvary reverses the curse** Sickness came at the Fall, through the curse of God (Genesis 3:14-19). Jesus took this curse on himself, so we might be free from its consequences (Galatians 3:13).

**C) Jesus ushers in the kingdom**, where Jesus rules. Since he IS God, and God IS a healer, where Jesus is, and the kingdom is fully realised, all will be in wholeness (Luke 10:9).

**D) Healing is 'by his wounds'** Matthew 8:16-17 says Jesus *healed all the sick*, to fulfil Isaiah 53:4, '*He took up our infirmities and carried our diseases.*' This must refer to physical healing, not just salvation.

Now 1 Peter 2:24 also quotes Isaiah 53, but through the Holy Spirit, changes the tense from the present, *we are healed*, to the past, *you were healed*, since he was writing AFTER Calvary! So our healing took place 2000 years ago, when Jesus paid for it on the cross. He said, 'It is finished!' There is nothing left to do.

So why are we still sick? If I buy something online, I order it and pay for it. But I must still wait for it to be delivered.

### 3) Wholeness

The Hebrew word for peace, *shalom*, really means 'be whole', while the Greek word, *sozo*, is translated 'salvation', 'healing', 'whole' or 'be whole' in the New Testament.

# WHOLENESS

**Man is a complex of interrelated parts**

PART	INCLUDES	HEALING	DISEASE	SCRIPTURE
Spirit	Life	Salvation	Death	Romans 8:10
	Conscience	Clear	Guilty	Hebrews 10:22
	Relationships	Love	Separation	1 John 4:7
Soul	Mind	Wisdom	Folly	Romans 12:2
	Will	Obedience	Rebellion	James 4:7
	Emotions	Peace	Distress	Psalms 147:3
Body	Physical	Health	Sickness	1 Peter 2:24
	Security	Freedom	Bondage	Jeremiah 33:6
	Environment	Prosperity	Poverty	2 Chronicles 7:14

Jesus cares about the whole man (John 7:23). Healing means wholeness in EVERY area of our lives (3 John 1:2).

And like God, we are a three-part being: spirit, soul and body (1 Thessalonians 5:23). So we can be sick, and therefore healed, in any of these parts!

And as these are closely interrelated, sickness in one part can bring problems in another.

**1 Thessalonians 5:23** *May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.*

**SOME COMMON ROOT CAUSES OF SICKNESS:** (see Appendix B for more)

- 1) Fear** If the person has phobias, a spirit of fear is usually present. Cast it out!
- 2) Unforgiveness** will often result in sickness such as arthritis. Lead the person in a prayer forgiving the other.
- 3) Worry** often brings heart and blood pressure problems, asthma and migraines. Worry is a sin (Matthew 6:25-34) and needs to be repented of!
- 4) Unrepentance** If the person admits to unrepented sin, or the Holy Spirit shows you, lead them in a prayer of repentance.
- 5) Guilt** Some suffer anxiety and stress through carrying guilt, even though they have confessed. Speak Scripture over them (e.g. Romans 8:1).
- 6) Rejection** This is one of the most common causes of emotional problems. Pray for them to receive and believe that Jesus loves them.
- 7) Anger and bitterness** can cause cancer, arthritis and heart problems. The person should forgive themselves, God and others. Cast out any spirit of bitterness, if present.
- 8) Sinful habits** especially immorality and addictions. They also bring guilt.

Therefore healing in one part often requires healing in another first - the root cause.

### 3) Root causes

**A) Jesus always ministered to the root** (or real) problem. Many 'presenting' problems are caused by deeper issues that should also be dealt with if possible.

**B) Common causes of sickness** are: Fears, unforgiveness, worry, unrepentance, guilt, rejection, anger and bitterness, sinful habits, defensiveness, emotional pain, and demons.

**C) Historical problems** Some people suffer from inherited diseases, that may be caused by the sins of earlier generations (Exodus 20:5).

Jesus died to set us free from ALL sickness, including genetic sickness.

We can break family curses from earlier generations (see prayer on page 33), commanding the person's genes to be whole and come into line with the word of God.

**D) How do we know?** We do what Jesus did: Ask the Holy Spirit (See Chapter 9 for details). Jesus always knew his Father's will through the Spirit. We can too.

Many say they don't hear from God. But Jesus said, *'My sheep listen to my voice'* (John 10:27), and, *'He who belongs to God hears what God says'* (John 8:47).

If you are his disciple, you ARE hearing from him all the time!

## 2) How does God heal?

God uses many methods.

**A) The body's system** Most common forms of healing are merely helping the body heal itself. The self-healing mechanisms were there even before sickness appeared! God anticipated man's sin and the devil's diseases, because Jesus is *the Lamb slain from the creation of the world* (Revelation 13:8).

**B) Medicines** Revelation 22:2 promises *the leaves of the tree are for the healing of the nations*. God uses medicines (see also 2 Kings 20:7; Jeremiah 8:22). I use them myself!

**C) Doctors** Thank God for doctors, nurses and hospitals! Luke who wrote the gospel was a doctor. Ministry and medicine often work best together.

**D) Words** Words can even have the power to bring life or death.

In Genesis 1:2, The Spirit was hovering over the waters, but nothing was happening. Only when God SPOKE, did the Spirit move. Today He is still waiting for God's word. His word in your mouth is still his word! Today, when we speak his word, the Spirit acts.

**E) Supernaturally** We simply minister the love of Jesus, using his methods, and watch God heal.

Jesus used many methods (see Chapter 9). How do we know which to use? Again, by asking the Holy Spirit!

## HOW TO HEAR FROM GOD

Everyone has two voices in their head: **1 Corinthians 2:11** *For who among men knows the thoughts of a man except the man's spirit within him? In the same way no one knows the thoughts of God except the Spirit of God.*

This is your mind speaking to your spirit.

When we become Christians, the Holy Spirit now lives in our spirit (see 1 Corinthians 6:17, 19). Therefore we have the mind of Christ (1 Corinthians 2:16). So now the two voices in your head are your mind (you), and the Holy Spirit (God)!

Does the devil speak? Yes, but only to our mind.

How do we know which is which? The Holy Spirit will always speak according to God's word, and God's character. Get to know the Lord and his word, and you will know!

## EXERCISE

Study the Scriptures in the Appendices. Choose some to learn to use when healing.

## THEOLOGICAL POINT:

Some misinterpret 2 Chronicles 16:12. Asa's sickness was probably from his backsliding. His error was that he **ONLY** consulted the doctors, not the Lord, who could have healed him if he repented.

## FALSE HEALING

Some false healing methods:

Acupuncture

Aromatherapy

Astrology

Charms

Colour healing

Crystals

False gods

Homeopathy

Hypnotism

Icons

Indian head massage

Magic

New Age medicine

Psychic healing

Reiki

Religious symbols

Sacrifices to idols

Spiritualist healing

Transcendental Meditation

Witchcraft

Yoga

### 3) What about alternative therapy?

**A) Some traditional medicine may be fine**, if it uses plants or plant extracts. But many alternatives are mixed up in false religion or the occult.

All 'healing' through methods forbidden by Scripture is dangerous (see Deuteronomy 18:9-12; Isaiah 8:19-20; Galatians 5:20; Revelation 21:8).

**B) The devil cannot heal** (John 10:10), but he can fake it by removing symptoms he put there in the first place! His purpose is to deceive people into further bondage, persuading the sick to go to false healers. The physical body may appear to be healed, but the person's soul or spirit will be harmed. Their final condition will be worse.

(If I take alcohol, I may feel good for awhile. But it doesn't last!) There is no record in Scripture of the devil healing anybody.

**C) Some people question this list.** In the hands of Christian practitioners a few may be safe. However, although Christians have the promise of protection (see Psalm 91) and the gift of discernment (1 Corinthians 12:10), why not seek the Lord first?

As unbelievers are without those things, I would not recommend they use any of them.

Jesus Christ is my doctor. If I get sick, I ask him how he wants to heal me.

But of course God's best for us is not healing - it is not getting sick!

## CHAPTER 5

# THE AUTHORITY OF THE BELIEVER

### WHAT AUTHORITY IS

The Greek word for authority is *exousia*, meaning freedom to choose, or to act.

God IS authority, not answerable to anyone!

Authority is not power. Power (Greek *dunamis*) is the ability to do something. Authority is the right to do it. A policeman has no physical power to stop traffic. But it stops because he has authority!

### 1) Man's authority – decline and fall

**A) Original authority** God established mankind's authority on earth (Genesis 1:26-28) through a command to subdue it and rule over it.

i) God gave the authority equally to Adam and Eve TOGETHER (see verses 27 and 28).

ii) It was over all the earth (see verse 28), all the animals (verse 28) and all the plants (verse 29). See also Psalm 8:6-8.

iii) Before Adam and Eve sinned, Satan appeared as a serpent, an animal. Therefore man originally had authority over Satan and his demons.

In **Acts 1:7**, Jesus said: *'It is not for you to know the times or dates the Father has set by his own authority.'*

**Genesis 1:26-28** *Then God said, 'Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.'*

<sup>27</sup> *So God created man in his own image, in the image of God he created him; male and female he created them.*

<sup>28</sup> *God blessed them and said to them, 'Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish of the sea and the birds of the air and over every living creature that moves on the ground.'*

## MAIN POINT

The Fall reversed God's intended authority for mankind.

### NOTES:

**Matthew 16:16-19** *Simon Peter answered, 'You are the Christ, the Son of the living God.'*

*Jesus replied, 'Blessed are you, Simon son of Jonah, for this was not revealed to you by man, but by my Father in heaven.'*

*'And I tell you that you are Peter, and on this rock I will build my church, and the gates of Hades will not overcome it.'*

*'I will give you the keys of the kingdom of heaven; whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.'*

**B) Lost authority** The Fall (Genesis 3) changed everything. Man lost his authority over the animals (which became afraid of him), the plants (which became thorns and thistles) and the earth (which now only yielded through toil). Instead, man now rules over woman (Genesis 3:16).

Man should have ruled over Satan, sin, and the earth, but not over woman. After the curse, Satan, sin, and the earth rule over man, and mankind rules over each other. For man to dominate woman was not God's original plan, but a result of the Fall.

## 2) Man's authority restored

**A) Jesus gives his keys to the church** All the work of the Fall is reversed by Jesus at Calvary. So God also fully restores man's authority through Christ.

In Matthew 16:16-19, Jesus declares he will build his church on the rock, which is the revelation that he is *'the Christ, the Son of the living God.'* All those with that revelation are the church!

Then Jesus gives Peter (representing the church), the keys of the kingdom of heaven. Keys represent authority. He is giving the keys to us, the church.

In that passage, Jesus is referring to Isaiah 22:15-25, the story of a transfer of authority! Read the whole story, but study verse 22 carefully.

If no one can shut what we open, there can only be one set of keys. No other organisation or religion has a spare set! If we don't heal the sick, who will? (see Jude 1:3).

Natural keys open doors. The keys of the kingdom open hearts. Christian ministry is using our keys (see Matthew 10:7-8).

**B) Authority is delegated** The church only has authority because it is delegated. Even Jesus' authority was delegated (John 12:49). The centurion in Matthew 8:9 knew all the weight of the authority of Rome was behind him.

By giving the keys of the kingdom to Peter, Jesus is passing his authority to the church. It is transferred. Jesus does not have spare keys in his back pocket!

This is why we can minister healing without praying. We already have the keys, and he doesn't!

Since the church now has the key of healing, if Jesus wants to heal, he needs us. It's a partnership. We need his power; he needs our keys.

**C) With authority comes responsibility** In Luke 12:35-48, the steward is put in charge, and is expected to fulfil his duties and act as his master would without constant supervision. The greater the authority, the greater the responsibility.

God won't interfere in the church's duties unless asked through prayer. Otherwise he is taking back authority he has already delegated.

**Isaiah 22:22** *'I will place on his shoulder the key to the house of David; what he opens no one can shut, and what he shuts no one can open.'*

**Jude 1:3b** ... *the faith that was once for all entrusted to the saints.*

**Matthew 10:7-8** *As you go, preach this message: 'The kingdom of heaven is near.' Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received, freely give.*

## MAIN POINT

Jesus transfers his authority to heal to the church.

### THEOLOGICAL POINT:

The prayer of faith in James 5:15 refers to 1 Kings 18, but also Mark 11:22-24, when Jesus had just cursed the fig tree. 'Go throw yourself into the sea' is a command!

For us to pray for God to heal when he has already given us the keys doubts the authority we already have.

**Matthew 8:8** *The centurion replied, 'Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed.'*

**Mark 9:25** *Jesus ... rebuked the evil spirit. 'You deaf and mute spirit,' he said, 'I command you, come out of him and never enter him again.'*

**Luke 4:39** *So he bent over her and rebuked the fever, and it left her. She got up at once and began to wait on them.*

**Mark 4:39** *He got up, rebuked the wind and said to the waves, 'Quiet! Be still!' Then the wind died down and it was completely calm.*

**John 11:43** *When he had said this, Jesus called in a loud voice, 'Lazarus, come out!'*

### QUESTION:

Were these commands, or prayers?

A good master doesn't do the work of his servants. He leaves the servants to do it!

### 3) How to exercise authority

We use our authority by what we SAY (see Matthew 8:8), not by what we PRAY.

**A) Words are creative** When God created the world, he SPOKE. A blessing is SPOKEN.

**B) Authority is by relationship** We receive instructions from above (the Father), and give them to those below.

**C) We follow the example of Jesus** When he healed the sick, he SPOKE:

to the demons (Mark 9:25) Jesus commanded the demon directly.

to sickness (Luke 4:39) Jesus rebuked the fever.

to the elements (Mark 4:39) Jesus rebuked the wind.

to the plants (Matthew 21:19) Jesus cursed the fig tree.

to the person (John 11:43) Jesus commanded Lazarus to come out.

WE have the authority in the Name of Jesus, so WE speak it into being.

So many people are talking or praying ABOUT their mountains (problems!) but Jesus said, 'You can say *TO this mountain, "Move from here to there," and it will move. Nothing will be impossible FOR YOU*' (Matthew 17:20).

USE YOUR KEYS!

## CHAPTER 6

### FAITH IN JESUS

#### WHAT WE DO AND DON'T DO

Peter and John did an outstanding miracle in Acts 3. Prompted by the Spirit, they noticed the beggar; raised his expectancy; knew they had a gift of healing for him; gave it; exercised authority; and, in faith, helped him walk.

When a crowd gathered, Peter explained how it was NOT done (Acts 3:12), and then how it WAS done (Acts 3:16).

#### 1) Not by our own power

We are only channels. We cannot heal a fly with a headache. It is ALL by faith in Jesus. Therefore a blind person is just as impossible for us, and just as easy for God, as someone with a pain in their little finger!

We are not spiritual batteries, expected to be charged up!

We are spiritual conductors, meant to be permanently connected to the power source, which is Jesus. We connect to Jesus by faith. We connect to the person in need by compassion.

**Acts 3:12** *When Peter saw this, he said to them: 'Men of Israel, why does this surprise you? Why do you stare at us as if by our own power or godliness we had made this man walk?'*

#### NOTES:

**Romans 11:6** *And if by grace, then it is no longer by works; if it were, grace would no longer be grace.*

**WE CAN NEVER, NEVER,  
NEVER, NEVER EARN THE GIFTS  
OF GOD!**

**COMPLETE:**

I try to be godly because:

**Acts 3:16** *By faith in the name of Jesus, this man whom you see and know was made strong. It is Jesus' name and the faith that comes through him that has given this complete healing to him, as you can all see.*

If it was by our own power, only the spiritually powerful could heal. But God can use ANY believer.

## **2) Not by our own godliness**

People are NOT healed because we are godly or healthy. If they were, no one would be healed!

Worse, if we could do miracles by being godly we would be earning them. The better we were, the better we would do! So it removes grace and becomes works (Romans 11:6). Healing and miracles are gifts from God, not our reward for being good!

Striving for godliness is not so we have more power to heal. Godliness is our love gift to Jesus.

Therefore we can minister healing even when we are sick or suffering other problems.

**IT DOES NOT DEPEND ON US.**

**IT DEPENDS ON GOD!**

## **3) By the Name of Jesus**

Healing is by faith in the Name of Jesus. However, we do not use his name like a magic charm (the mistake of the sons of Sceva in Acts 19:13).

We are ambassadors of Christ, representing the Lord Jesus, exercising his authority. We submit to the Father, and speak directly to the demons, sickness or sick person, to the

elements, or plants or whatever is not under the authority of God, just as Jesus did.

We submit to God and resist the devil (James 4:7), in the name of Jesus. The demons submit to us because our names are written in heaven (see Luke 10:17, 20).

#### 4) The faith that comes through him

**A) WE MUST BELIEVE!** *Without faith it is impossible to please God* (Hebrews 11:6). Faith is like an electrical fuse - small but must be there!

Nothing of God happens without faith. Even Scripture is of no value without faith (see Hebrews 4:2).

**B) Faith is in Jesus** (John 14:12) Faith in his love, his heart, his sacrifice, his word, his power, his example, his authority, his command, his name, his presence and his promise!

We do NOT put our faith in ourselves, our methods, other people, prayer, or even in faith!

**C) Faith acts** James 2:17 says, *In the same way, faith by itself, if it is not accompanied by action, is dead*. Action releases healing!

Jesus often commanded people to do something they couldn't do before (for example, John 5:8).

**D) Faith is a gift** Acts 3:16 says faith comes through Jesus from the Father.

#### THEOLOGICAL POINT:

In Exodus 23:20-25, God sends his angel to guide the Israelites, saying, 'My Name is in him.' In a modern version of the Bible this is translated as 'acting on my authority.' Notice that it is God who heals there, not the angel. Angels do not heal in Scripture.

#### FAITH IN JESUS

**John 14:12** *Jesus said, 'I tell you the truth, anyone who has faith in me will do what I have been doing. He will do even greater things than these, because I am going to the Father.'*

#### MEANS FAITH IN:

His love (Matthew 14:14)

His heart (Jeremiah 8:22-9:1)

His sacrifice (1 Peter 2:24)

His word (Matthew 8:16-17)

His power (Acts 10:38)

His example (Matthew 4:23)

His authority (Matthew 28:18)

His command (Luke 10:9)

His name (Acts 3:16)

His presence (Matthew 28:20)

His promise (2 Corinthians 1:20)

## FAITH IS A GIFT

**Romans 12:3** *For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you.*

## FAITH MUST BE USED

**1 Peter 4:10** *Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms.*

## WRITE OUT:

Hebrews 11:1 and Romans 4:21

## HEALING IS SERVING

Remember, the gift is not for you, but for the person being healed! God gives the gift, and the sick person receives it. We are only the postmen!

We ALL have a measure of faith (Romans 12:3) and should use God's gifts to build the church (1 Peter 4:10).

[The gift of faith in 1 Corinthians 12:9 is for specific occasions or diseases.]

### E) Faith grows:

i) **with exercise** (see 2 Thessalonians 1:3). Just as muscles grow when we use them, so does our faith. If we don't use it, it becomes weaker.

ii) **by hearing the word of God** (Romans 10:17).

iii) **by obedience** (Luke 17:5-10). When we do what he told us to do, our faith increases!

iv) **by asking** (Mark 11:24).

Both faith and the name (authority) of Jesus must be present in all supernatural healing and miracles.

But the gift of healing comes from God, and is not dependent on our own abilities, holiness, title, position, health, or possessions.

Therefore ANY BELIEVER CAN HEAL THE SICK, and ALL BELIEVERS ARE COMMANDED TO HEAL THE SICK!

**James 1:22** *Do not merely listen to the word, and so deceive yourselves. Do what it says.*

## CHAPTER 7

# DELIVERANCE - CASTING OUT DEMONS

### INTRODUCTION

Many sicknesses are caused by demons, but Jesus gave us authority over ALL demons (Luke 9:1) and over ALL the power of the devil (Luke 10:19).

He also said, 'Nothing will harm you,' so there is nothing to fear! We don't have to be spiritual supermen; we simply have faith in Jesus.

Sometimes, it may require perseverance but any believer can, and should, be willing to deliver others from demons. Besides, we are commanded (Matthew 10:8)! It is the unique privilege of Christians (Ephesians 3:10).

### 1) The nature of demons

Demons are the real enemy - never people (Ephesians 6:12)!

**A) They are fallen angels**, evil spirits, who follow Satan (Revelation 12:9; Matthew 25:41), with their own personalities, inhabiting spiritual realms.

They often hide, but are always deceptive, legalistic, under fear not grace. So they MUST respond to authority (Luke 8:31).

**Luke 10:19** *I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.*

**1 John 4:4** *You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.*

**Ephesians 3:10** *His intent was that now, through the church, the manifold wisdom of God should be made known to the rulers and authorities in the heavenly realms...*

**Ephesians 6:12** *For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.*

### MAIN POINT

Jesus commanded us to cast out demons! It is not an optional extra.

**John 10:10** *'The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.'*

**1 Corinthians 10:20** *... the sacrifices of pagans are offered to demons, not to God, and I do not want you to be participants with demons.*

**Mark 16:17** *And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues;*

**Matthew 12:28** *But if I drive out demons by the Spirit of God, then the kingdom of God has come upon you.*

**James 4:7** *Submit yourselves, then, to God. Resist the devil, and he will flee from you.*

## MAIN POINT

The demons MUST submit to Christian believers.

There are different kinds (Mark 9:29); some come out easily, others take longer.

**B) They oppress people**, seeking to control and destroy them (See John 10:10). They cause disease, fears, compulsions, addictions, distress, and madness.

When a person is demonised, there may be more than one demon present, usually in a hierarchy. 'Demonised' means afflicted or oppressed. Christians can be demonised, but cannot be demon-possessed.

**C) They enter** through the occult, false religions (1 Corinthians 10:20), curses, wrong relationships, trauma, rejection, rebellion, and sin.

## 2) Be prepared

**A) Disciple of Jesus** (Mark 16:17). Deliverance is the duty and privilege of EVERY believer.

**B) Full of the Holy Spirit** (Matthew 12:28). We need his power - we cannot do it on our own! The gifts of the Spirit (1 Corinthians 12:7-10), especially discernment and words of knowledge, are also very helpful.

**C) Know your authority** ALL authority comes from submission. We only have the authority of Jesus if we are submitted to him. THEN, and only then, can we cast out demons (James 4:7).

**D) Have faith** All we do in the kingdom of God is by faith. We are saved by faith, healed by faith and set free by faith.

**E) Good relationship with God** In Mark 9:29, Jesus tells us some demons need different tactics.

We don't have to fast before every deliverance session! But living a committed lifestyle sharpens our readiness to be used by the Spirit and our discernment of the enemy (2 Timothy 2:20-21).

We do not receive power or authority by living righteously. God gives us those gifts to help others, because we are his children.

### 3) How to know if someone is demonised

Spiritual things are spiritually discerned. (See 1 Corinthians 2:8-16). Demons are spirits, so we need the Holy Spirit to tell us what is happening. This gift is called discernment. We cannot tell by physical signs only.

But some symptoms are:- Recurring sickness; depression; obsessive fears; flickering, 'shifty' or defiant eyes; a rebellious attitude; revulsion of worship or of Scripture; shaking, writhing, or compulsive behaviour. But only by the Holy Spirit can we be sure.

People or families involved in idolatry, witchcraft or the occult; those violently or sexually abused, or severely rejected as children will usually need deliverance unless already set free.

But many are delivered by God's grace when born again, baptised, or filled with the Holy Spirit. Others may need extended ministry.

**Mark 9:28-29** *After Jesus had gone indoors, his disciples asked him privately, 'Why couldn't we drive it out?' He replied, 'This kind can come out only by prayer [and fasting].'*

**2 Timothy 2:20-21** *In a large house there are articles not only of gold and silver, but also of wood and clay; some are for noble purposes and some for ignoble.*

*If a man cleanses himself from the latter, he will be an instrument for noble purposes, made holy, useful to the Master and prepared to do any good work.*

**1 Corinthians 2:14** *The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned.*

#### DISCERNMENT:

A girl was praying in tongues. It seemed normal but my spirit felt troubled. I laid my hand on her and rebuked the spirit of the false tongue. She fell and rolled on the floor. Moments later she was praising God in a new tongue! Great peace and joy showed on her face, and my spirit felt at peace also.

## STUDY:

**Luke 11:24-26** *'When an evil spirit comes out of a man, it goes through arid places seeking rest and does not find it. Then it says, "I will return to the house I left." When it arrives, it finds the house swept clean and put in order. Then it goes and takes seven other spirits more wicked than itself, and they go in and live there. And the final condition of that man is worse than the first.'*

How can we make sure the 'house' is not left empty?

## MAIN POINT

Love the person; hate the demon!

### EXAMPLE:

Address the person lovingly, but the demon sternly. If someone called John has a demon, you might ask gently,

'John, do you want this spirit to leave?'

When he agrees, say to the spirit sternly, 'Demon, come out!'

**Mark 1:25** *'Be quiet!'* said Jesus sternly. *'Come out of him!'*

## 4) Prepare the demonised person

**A) Tell the person Jesus loves them** and wants them free. They must want to be free; we cannot deliver people against their will.

**B) They must want Jesus as Lord** (Luke 11:24-26).

**C) They must forgive anyone who hurt them** Unforgiveness gives the demons a right to stay. To forgive is a decision. It is not a feeling.

**D) They must repent** of behaviour that exposes them to demonic power - deliberate sin (e.g. adultery), the occult, idolatry or witchcraft.

## 5) How to minister deliverance

**A) Command the demons to 'come out'**, gently laying hands on them (Luke 4:40-41). 'Easy' ones will leave 'with a word' (Matthew 8:16). If they go in a few minutes, go to **F** on the next page. If they remain:

**B) Don't continue** unless you intend to finish! Don't minister alone. Remember to love the person, who may be hurting and afraid.

**C) Bind the demon sternly** (Mark 1:25) until quiet. If you do need to know its name, the Holy Spirit will show you.

**D) Tell the person's spirit to take control** of their body.

**E) Counsel the person** through prayers of confession, repentance and forgiveness; submission to the Lord Jesus Christ; rejection

of Satan, his works and all oaths, covenants and curses. Get them to repeat aloud the prayer opposite. You can add to that, as the Holy Spirit leads.

**F) Command the demons to go** using your authority. They **MUST** obey you however much they argue! You don't need to shout. Just be stern, as you would address a dog (Mark 1:25). You do not have authority to send them to hell, but you can send them to 'the place assigned for them.'

**G) If they resist, speak Scriptures** over the person (see appendix A).

**H) Discern** when all are gone. Ask the person, and use your spirit.

**I) Minister healing** - often healing is hindered until the demons have gone. Then healing will come (see sequence of events in Luke 9:42).

**J) Pray for them to be filled with the Holy Spirit.**

**K) Return to correct authority**, if a child (see Luke 9:42).

**L) Make sure they are in Christian fellowship** after they have been set free. They will need encouragement, worship and the Word.

## A PRAYER FOR DELIVERANCE

*Heavenly Father, forgive me for all my sins that connect me to the devil and his power. I forgive all those who have harmed me in any way.*

*I now renounce forever all oaths, connections or covenants that I have made with the devil or his demons, and all curses I have spoken.*

*I break the power of all words, curses, oaths, spells or covenants made by others, alive or dead, that have power to harm me.*

*I declare that I have authority over all the power of the devil, through the blood covenant of Jesus Christ of Nazareth, the Son of God, who died to set me free. Amen!*

**NOTES:**

## CHAPTER 8

# THE ANOINTING FOR HEALING

**1 John 2:27** *As for you, the anointing you received from him remains in you, and you do not need anyone to teach you. But as his anointing teaches you about all things and as that anointing is real, not counterfeit — just as it has taught you, remain in him.*

**Galatians 3:14** *He redeemed us in order that the blessing given to Abraham might come to the Gentiles through Christ Jesus, so that by faith we might receive the promise of the Spirit.*

**Acts 1:4-5** *On one occasion, while he was eating with them, he gave them this command: ‘Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptized with water, but in a few days you will be baptized with the Holy Spirit.’*

### WHAT IS THE ANOINTING?

From Genesis to Revelation, the Holy Spirit is always the Lord’s answer to every situation. Nothing of God happens without him. He is the Lord in action!

Jesus said, ‘*The Holy Spirit, whom the Father will send in my name, will teach you all things...*’ (John 14:26). 1 John 2:27 says the same! So the anointing is another word for the Holy Spirit. We cannot heal without him!

#### 1) The baptism with the Holy Spirit

God wants his disciples to have power.

**A) We are redeemed** (become Christians) in order to receive the Spirit (Galatians 3:14)!

From Acts 1:4-5 we learn:

**B) This is the Father’s gift**, promised only to Christian believers.

**C) We are to wait for it** (see also Luke 24:49). This is the purpose of God for his church. It is a command!

**D) Jesus said, ‘You will receive power when the Holy Spirit comes on you’** (Acts 1:8).

**E) It is a supernatural event**, usually with speaking in tongues and prophesying (Acts 2:1-4; Acts 19:6). The disciples were never the same again!

**F) Do we need this baptism to heal the sick?**  
No! The disciples healed the sick and cast out demons before Pentecost.

However, the baptism with the Holy Spirit empowers us, equips us with gifts, and emboldens us to minister. It is the Lord's idea!

## 2) The power of the Spirit

**A) The Spirit lives in us**, if we belong to Christ (Romans 8:9-11) - the same Spirit through whom the Father made the heavens, and raised Jesus from the dead.

**B) His power is incomparably great** (Ephesians 1:19); far greater than sickness, demons, or all the works of the devil (1 John 4:4). Nothing is too hard for him.

**C) We release his power** that is at work within us when we minister healing (Ephesians 3:20).

## 3) The nature of the Spirit

**A) The Holy Spirit is God** (2 Corinthians 3:17). Jesus described him as wind, *'The wind blows wherever it pleases'* (John 3:8). God is sovereign. He can do whatever he wants to do. We cannot tell him what to do, and we cannot say, 'If we do A, B & C, then the Holy Spirit will automatically do D.'

## ASK FOR THE BAPTISM

If you have not yet received this gift of the Father, read Luke 11:5-13, and ask! He wants you to receive. Give him full control of your spirit, soul, body and tongue. He won't harm you. He is trustworthy and only wants good for you.

## MAIN POINT

The anointing is the presence of the power of the Lord.

**1 John 4:4** *You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.*

**2 Corinthians 3:17** *Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.*

**Luke 5:17** *One day as he was teaching, Pharisees and teachers of the law, who had come from every village of Galilee and from Judea and Jerusalem, were sitting there. And the power of the Lord was present for him to heal the sick.*

**Acts 5:15-16** *As a result, people brought the sick into the streets and laid them on beds and mats so that at least Peter's shadow might fall on some of them as he passed by. Crowds gathered also from the towns around Jerusalem, bringing their sick and those tormented by evil spirits, and all of them were healed.*

**NOTES:**

Jesus was teaching in Luke 5:17, *and the power of the Lord was present for him to heal the sick.* This implies there were times, even for Jesus, when the power was NOT present for him to heal.

Sometimes power just flowed from him (Luke 6:19). At others, he was unable to do many miracles because of lack of faith (Mark 6:1-6).

On occasion, the disciples healed all who came to them (Acts 5:15-16).

The Spirit knows things we do not know about every situation, and works EVERYTHING out for the best. He is unfathomable!

**B) The Holy Spirit is a Person** We cannot receive just a bit of the Holy Spirit! If you invite me to dinner, I do not first send my tongue to taste the food! When I come, ALL of me comes!

It is the same with the Spirit. When he comes upon you in power, the WHOLE Holy Spirit is there, with ALL his power, and ALL his gifts.

#### **4) We are the Lord's anointed**

**A) We are 'Christ'-ians** Names in the Bible reveal a person's nature. 'Jesus' means 'Saviour'; 'Christ' means 'The Messiah', or 'The Anointed One.'

As part of the New Covenant Jesus has given us his own title - we are called 'Christians', which means 'The anointed ones!' We are God's anointed ones.

The power of God resides in his people. This is a gift of God, which is made possible by the

sacrifice of Jesus on the Cross. We can never earn the right to the power of God. It is NEVER our own power, it is his.

**B) The anointing is irrevocable** God does not take back his gifts (see 1 John 2:27 on page 34). When we feel weak, or without much fruit, we may believe we have lost our anointing.

But the word of God tells us otherwise (Isaiah 59:21; Romans 11:29)! And we do not go by our feelings, but by the word of God.

No one was ever UN-baptised in the Holy Spirit!

**C) Your anointing is unique** Although he is the same Spirit in you as in Jesus or any other believer, the effect he has on your life and gifting is unique to you. He will give you an individual and personalised power, because your calling is also unique.

Therefore you cannot have my anointing, and I cannot have yours! There is a flame for every head (Acts 2:3).

Let us continually be filled with the Holy Spirit so that we are able to release the anointing for healing wherever we go.

**Isaiah 59:21** *'As for me, this is my covenant with them,' says the LORD. 'My Spirit, who is on you, and my words that I have put in your mouth will not depart from your mouth, or from the mouths of your children, or from the mouths of their descendants from this time on and forever,' says the LORD.*

**Romans 11:29** *for God's gifts and his call are irrevocable.*

**Acts 2:3** *They saw what seemed to be tongues of fire that separated and came to rest on each of them.*

#### IMPARTATION:

In 1 Timothy 4:14, and 2 Timothy 1:7, Timothy's gift was received when Paul laid hands on him. However, he did not receive Paul's gift, but his own, from God. Paul's ministry was a catalyst to release God's anointing in Timothy.

But it must still be fanned into flame!

## CHAPTER 9

### PRACTICAL MINISTRY

#### METHODS OF JESUS AND DISCIPLES

##### For all situations:

- 1) Laying on hands (Mark 16:17-18)
- 2) Speaking the word (John 4:43-53)
- 3) Using authority (Luke 4:39)
- 4) Hearing the Holy Spirit (Luke 13:10-16)
- 5) Using faith triggers (John 9:6)
- 6) Discerning faith (Acts 14:9)

##### For special situations:

- 7) Casting out demons (Mark 9:14-29)
- 8) Special gift (1 Corinthians 12:9)
- 9) God's presence alone (Acts 5:15-16)
- 10) Anointing with oil (James 5:14)
- 11) Office (2 Corinthians 12:12)

#### METHODS OF HEALING

Jesus used many different methods to heal the sick! He spoke, he touched, he commanded, he breathed, he spat, he made mud.

I believe he did this deliberately to show it is NOT the method by which people are healed, but by the Name of Jesus, and by faith.

Therefore when we ask what we actually do, we must beware of using just one method. So which to use? The one the Holy Spirit shows you!

In the Old Testament, people prayed to God to heal. In the New, neither Jesus nor the disciples prayed. They just ministered healing.

So these methods are practical hints to get you started.

#### 1) Attitude

We minister the love of Jesus (Colossians 3:12).

**A) Compassion** We minister to hurting people because Jesus loves them and wants them whole. Ask Jesus for his compassion.

**B) Kindness** Be sensitive. If the person is likely to fall, find a 'catcher'.

What they tell you is confidential. Do not be shocked, and do not share it with anyone without their permission.

Be presentable! Make sure you don't smell bad!

**C) Humility** It is not you healing, but Jesus. Listen and respond to the Holy Spirit. I often pray quietly in tongues until I sense his leading.

Ask for wisdom, discernment and the root cause. Ask for other gifts too:- faith, words of knowledge, and prophecy.

Be bold to tell your impressions, asking if they are correct.

Keep your eyes open, and watch their face, especially their eyes. Don't look around at others! You are looking for roots.

**D) Gentleness** Don't shout. Remember love.

**E) Patience** Keep ministering until they are healed, or until the Holy Spirit tells you to stop! Don't give up because you don't see immediate healing. Jesus did not always either (Mark 8:24). If one method doesn't work, try another. Perseverance brings rewards.

Always ask what has happened (Mark 8:23). You are showing you expect results! This raises faith. Also if possible ask them to do something they could not do before. This puts their faith into action! Often they are not healed until this moment.

**Colossians 3:12** *Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.*

### QUESTIONS YOU COULD ASK:

'What do you want Jesus to do for you?'

'How long have you had this problem?'

'How did it happen?'

'Is it in the family?'

'Why do you think you have this problem?'

'Have you or your family been involved in the occult, idolatry or freemasonry?'

'How are your relationships (with God, family & others)?'

### GRACE

Jesus never imposed conditions before healing. He healed first, and then addressed any problem or sin (see John 5:8,14).

The above questions are not conditions that must be fulfilled first, but to release faith to receive healing.

If people have problems, help them to deal with them, but be willing to heal them first.

## FAITH TRIGGERS

A faith trigger is something we do to raise our faith, or the faith of the sick person.

Jesus put mud on the eyes of a blind man (John 9:6). Then he told him to wash in the Pool of Siloam. There was no magic power either in the mud, or the pool. But both acts raised the faith of the blind man.

Elisha told Naaman to wash 7 times in the Jordan (2 Kings 5:10).

People took cloths that had touched Paul to the sick who were healed. Again, there was no power in the cloth, but it released faith.

Sometimes Jesus changed the faith environment: he removed doubters (Matthew 9:25), or moved the person aside (Mark 7:33).

### EXERCISE:

List as many faith triggers as you can find in Scripture that were used to heal the sick.

## 2) How to minister

**A) Laying hands** Be careful where you place your hands; a shoulder is usually acceptable. Otherwise ask permission, or ask them to place their own hand on the sick part, and put your hand over theirs.

**B) Anointing with oil** (James 5:14), is a faith trigger. Usually put a drop onto their forehead with your finger, or as the Spirit leads.

**C) Use your authority** Command the disease to leave, the pain to go, or the body or sick part to be whole or healed. Speak TO the mountain!

**D) Declare Scripture** (see Appendix A) Learn some so you always have them to hand.

**E) Command any spirit to leave** - see chapter on deliverance.

**F) Invite the Holy Spirit** into their life to bring his gifts and fruits. If they are not baptised in the Holy Spirit, pray for them to receive him.

## 3) End with encouragement

Not all healing will be seen immediately. Sometimes people are healed that night, or the next day, or the moment they write a letter of forgiveness, for example. Healing is a process, and may need more ministry.

Encourage those who show immediate healing to testify and give the glory to Jesus.

ALWAYS remind them it is Jesus who heals, not you!

#### 4) Partial Healing

Often people seem to be only partly healed after ministry. The pain may be less but still present, or a joint freer but not fully healed.

When the ten lepers left Jesus they still had leprosy (Luke 17:11-19). Nothing appeared to have happened. They were healed later only when they obeyed his instructions.

But if God has begun to heal the person, he is faithful to finish it (Philippians 1:6)! God is the Alpha and the Omega, the beginning and the end. Jesus said, *'It is finished'* (John 19:30). He is not a God of half-measures! He is faithful and will do it.

**Philippians 1:6** *being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.*

#### WORDS OF ENCOURAGEMENT IF HEALING IS DELAYED:

'It is impossible for nothing to happen when we pray in faith in the name of Jesus.'

'Something always happens.'

'God doesn't always heal in the way we expect.'

'God loves perseverance - come for more ministry tomorrow!'

'God hasn't forgotten you - he wants this more than you do.'

'Your healing belongs to you, because Jesus paid for it on the cross.'

'Your healing happened 2000 years ago.'

*'Whatever you ask for in prayer, believe that you have received it, and it will be yours'* (Mark 11:24).

## CHAPTER 10

# WHY ARE SOME PEOPLE NOT HEALED?

### MAIN POINT

The church should be God's main instrument of healing in the world.

#### NOTES:

### FEAR OF ERROR

Two great hindrances to healing in the church are fear the sick will not be healed, and fear of consequent criticism: 'It is not fair to raise hopes and then disappoint them. You are callous and uncaring!'

But by this they show they are expecting nothing to happen! And they do not understand the love of Christ, who does not want anyone to remain sick.

But the reality is not all are healed. And yet ALL who came to Jesus were! (In his home town he could not heal many, but only because they didn't come for healing, being offended that the local carpenter was healing the sick.)

So what are we doing wrong? I want to suggest six common reasons why some are not healed when we minister.

However, these are not an excuse when things don't work out the way we want, but as a challenge and encouragement to keep learning and growing in this ministry.

While we should never accuse the person being ministered to (when maybe it is we ourselves who lack faith!), there are often

reasons in their lives or minds why they are not being healed, and we are there to help find and deal with those issues.

## 1) Because Biblical healing is not taught or practised

If Biblical truth about healing were taught more widely, more would be healed.

And if these principles were practised in every church meeting, or whenever a believer met a sick person, many more would be healed!

God has given us, his church, the duty and privilege to heal the sick. Are we fulfilling our duty?

It is God's will to heal every one. Therefore we do not tolerate sickness. We resist it!

## 2) Because of lack of faith

We never curse the sick person for lack of faith. The fact they have come for ministry shows they have some faith! Let us help it grow.

They may have no faith at all. But SOME faith MUST be present. As believers, we are expected to use our faith (Matthew 17:14-20). The sick person or his friends may also supply the faith needed.

Jesus commended sick people for their faith, and told them, 'Your faith has made you well' (e.g. Luke 17:19).

### NOTES:

**Matthew 17:17-21** *'O unbelieving and perverse generation,' Jesus replied, 'how long shall I stay with you? How long shall I put up with you? Bring the boy here to me.'*

*Jesus rebuked the demon, and it came out of the boy, and he was healed from that moment.*

*Then the disciples came to Jesus in private and asked, 'Why couldn't we drive it out?'*

*He replied, 'Because you have so little faith. I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, "Move from here to there" and it will move. Nothing will be impossible for you.'*

**James 1:6-8** *But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. That man should not think he will receive anything from the Lord; he is a double-minded man, unstable in all he does.*

### EXERCISE - FAITH AND DOUBT

Study Matthew 14:22-33, especially verse 30. How could Peter walk on the water? Why did he begin to sink? What did Jesus then do? What does this teach us about healing?

### 3) Because of doubts

Doubts interfere with faith (James 1:6-8). Doubt [Greek *diakrino*] is different from unbelief [Greek *apistis*]. Unbelief is lack of faith. But doubt is a mindset willing to accept alternatives (i.e. double-minded). Faith is a gift from God, but doubt is sin and needs to be repented of.

Several common doubts hinder healing:

**DOUBT 1: 'It is not God's will.'** People say, 'He might want to heal others, but not me...'

It is ALWAYS God's will to heal. And if God heals one person, it MUST be his will to heal everyone, because God has no favourites. He wants to save everyone too.

**DOUBT 2: 'God has a purpose in sickness.'** Jesus healed thousands but never said, 'This sickness is from God, so I cannot heal you.' Nor did he ever say, 'When the purpose of God is completed in your life, I will heal you.'

God can use sickness, but it is never his will.

**DOUBT 3: 'God heals in his timing.'** We are not healed at some time in the future; we were healed on the cross 2000 years ago!

Pharaoh wanted a miracle 'tomorrow' (Exodus 8:10). What's wrong with today? The Bible says in 2 Corinthians 6:2, *now is the time of God's favour, now is the day of salvation* (this word also means healing).

**DOUBT 4: 'It's my sickness.'** When we own our sickness by calling 'mine', we are accepting it. But that is a lie (Jonah 2:8)! Jeremiah

challenged the Israelites' wrong attitude (Jeremiah 10:19), calling them to repent.

Sickness is not ours - it belongs to the devil. Return it to sender!

#### **4) Because we have not found the root cause** (see page 18 and Appendix B)

Superficial counselling, or not listening to the Holy Spirit, may give a wrong diagnosis. Common mistakes are:

**A) Ministering to the symptom** when the root cause is emotional or spiritual.

**B) Ministering for inner healing** when the problem is a demon; or *vice versa*.

Offer to spend more time with the sick person, and seek the guidance of the Holy Spirit.

#### **5) Because of lifestyle**

Eating or doing the wrong things can make us unhealthy. The word of God is clear; a wrong lifestyle can lead to sickness.

After healing, invite the person to make changes: eating wisely, resting properly, and repenting of sinful habits.

#### **6) Because we are still learning**

Jesus is Lord, and knows all things. We don't yet know as we ought to know (1 Corinthians 8:2). As we learn and step out in faith, more people are healed.

**Jeremiah 10:19** *Woe to me because of my injury! My wound is incurable! Yet I said to myself, 'This is my sickness, and I must endure it.'*

**1 Corinthians 8:2** *The man who thinks he knows something does not yet know as he ought to know.*

**Jonah 2:8 (KJV)** *They that observe [accept] lying vanities forsake their own mercy.*

## THREE KEY PRINCIPLES

- 1) God's word is true and always works. God is faithful, even when we are faithless.**
- 2) It is impossible for nothing to happen when we pray in faith in the name of Jesus!**
- 3) If we do what he commanded us to do, he will do what he promised to do.**

## How to keep your healing

Some who receive healing find their symptoms return after a time. They may be tempted to think, 'Maybe I wasn't healed after all,' and 'allow' the sickness to return.

Others say, 'No, devil! I am healed in the name of Jesus. I will not accept the return of your disease!'

In almost every case, the (lying) symptoms (see Jonah 2:8) will then disappear for good!

-----

It is my prayer that through this course you obey the command of Jesus to heal the sick, in your own body, in your home, your church, and wherever you may meet them.

It is my prayer that thousands will be healed under your hands, and that as a result many find Jesus as their personal Saviour.

There is no better testimony to the love and power of the Lord Jesus Christ.

**GO FOR IT!**

## APPENDIX A - SOME HEALING SCRIPTURES

The word of God never fails. Jesus quoted the word against the devil, and so should we. Learn as many of these Scriptures as you can, and any others you find helpful. Speak them in faith over the sick.

**Exodus 15:26b** *'...for I am the LORD, who heals you.'*

**Exodus 23:25-26** *'Worship the Lord your God and his blessing will be on your food and water. I will take away sickness from among you and none will miscarry or be barren in your land. I will give you a full life span.'*

**Numbers 23:23a** *'There is no sorcery against Jacob, no divination against Israel.'*

**1 Chronicles 16:22** *'Do not touch my anointed ones; do my prophets no harm.'*

**Psalms 6** *Whole psalm.*

**Psalms 91** *Whole psalm.*

**Psalms 103:1...3** *Praise the LORD, O my soul; ... who forgives all your sins and heals all your diseases,*

**Psalms 107:20** *He sent forth his word and healed them; he rescued them from the grave.*

**Psalms 118:17** *I will not die but live, and will proclaim what the LORD has done.*

**Psalms 147:3** *He heals the brokenhearted and binds up their wounds.*

**Proverbs 26:2** *Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest.*

**Isaiah 40:31** *but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.*

**Isaiah 53:4...5** *Surely he took up our infirmities and ... by his wounds we are healed.*

**Jeremiah 17:14** *'Heal me, O LORD, and I will be healed; save me and I will be saved, for you are*

*the one I praise.'*

**Jeremiah 30:17a** *'But I will restore you to health and heal your wounds,' declares the Lord,*

**Jeremiah 33:6b** *'I will heal my people and will let them enjoy abundant peace and security.'*

**Malachi 4:2** *'But for you who revere my name, the sun of righteousness will rise with healing in its wings. And you will go out and leap like calves released from the stall.'*

**Luke 10:19** *'I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.'*

**Mark 11:24** *'Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.'*

**Mark 16:18b** *'they will place their hands on sick people, and they will get well.'*

**John 8:32** *Then you will know the truth, and the truth will set you free.*

**John 8:36** *So if the Son sets you free, you will be free indeed.*

**John 10:10** *'The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.'*

**Romans 8:1** *Therefore, there is now no condemnation for those who are in Christ Jesus,*

**Romans 16:20** *The God of peace will soon crush Satan under your feet. The grace of our Lord Jesus be with you.*

**2 Corinthians 1:20a** *For no matter how many promises God has made, they are 'Yes' in Christ.*

(Continued) >

APPENDIX A - HEALING SCRIPTURES (CONTINUED)

**Galatians 3:13** *Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: 'Cursed is everyone who is hung on a tree.'*

**Philippians 1:6** *being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus.*

**2 Thessalonians 3:3** *But the Lord is faithful, and he will strengthen and protect you from the evil one.*

**2 Timothy 1:7** *For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.*

**2 Timothy 4:18** *The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory for ever and ever. Amen.*

**James 4:7** *Submit yourselves, then, to God. Resist the devil, and he will flee from you.*

**James 5:15** *And the prayer offered in faith will make the sick person well; the Lord will raise him up. If he has sinned, he will be forgiven.*

**1 Peter 2:24** *He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed.*

**1 John 4:4** *You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.*

**1 John 4:18a** *There is no fear in love. But perfect love drives out fear...*

## APPENDIX B - SOME 'ROOT CAUSE' SCRIPTURES

There are many reasons why we may be sick, but some that Scripture shows us are surprising. Check out Psalm 41:1-3! Or 1 Corinthians 11:29-30 (making light of communion, or judging other churches, denominations or believers.) This list is by no means complete, but let these examples encourage you to discover more.

**Numbers 21:5-6** *they spoke against God and against Moses, and said, 'Why have you brought us up out of Egypt to die in the desert? There is no bread! There is no water! And we detest this miserable food!' Then the LORD sent venomous snakes among them; they bit the people and many Israelites died.*

**Job 17:5** *If a man denounces his friends for reward, the eyes of his children will fail.*

**Psalms 32:1-3** *Blessed is he whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the LORD does not count against him and in whose spirit is no deceit. When I kept silent, my bones wasted away through my groaning all day long.*

**Psalms 38:3-7** *Because of your wrath there is no health in my body; my bones have no soundness because of my sin. My guilt has overwhelmed me like a burden too heavy to bear. My wounds fester and are loathsome because of my sinful folly. I am bowed down and brought very low; all day long I go about mourning. My back is filled with searing pain; there is no health in my body.*

**Psalms 40:12** *For troubles without number surround me; my sins have overtaken me, and I cannot see. They are more than the hairs of my head, and my heart fails within me.*

**Psalms 41:1-3** *Blessed is he who has regard for the weak; the LORD delivers him in times of trouble. The LORD will protect him and preserve his life; he will bless him in the land and not surrender him to the desire of his foes. The LORD will sustain him on his sickbed and restore him from his bed of illness. (See also Isaiah 58:6-8)*

**Proverbs 3:7-8** *Do not be wise in your own eyes; fear the LORD and shun evil. This will bring health to your body and nourishment to your bones.*

**Proverbs 13:12** *Hope deferred makes the heart sick, but a longing fulfilled is a tree of life.*

**Proverbs 14:30** *A heart at peace gives life to the body, but envy rots the bones.*

**Proverbs 16:24** *Pleasant words are a honeycomb, sweet to the soul and healing to the bones.*

**Proverbs 17:22** *A cheerful heart is good medicine, but a crushed spirit dries up the bones.*

**Proverbs 18:21** *The tongue has the power of life and death, and those who love it will eat its fruit.*

**Jeremiah 10:19** *Woe to me because of my injury! My wound is incurable! Yet I said to myself, 'This is my sickness, and I must endure it.'*

**Jonah 2:8 (KJV)** *They that observe [accept] lying vanities forsake their own mercy.*

**1 Corinthians 11:29-30** *For anyone who eats and drinks without recognizing the body of the Lord eats and drinks judgment on himself. That is why many among you are weak and sick, and a number of you have fallen asleep.*





